

Your body, heart and mind are interconnected. Isn't it time we saw the whole woman?

Women  
CENTRE



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# About Us

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## **The WOMEN Centre stands for Western Australia Oncology Menopause Endometriosis and New Mothers.**

It was founded in 2014 by Dr Jason Tan, Gynaecologic Oncologist, who saw the need for a multidisciplinary approach in women's health.

It is the first private centre for women's health in Western Australia that engages a comprehensive and integrated approach where health professionals actively work as a team seamlessly to ensure that patients receive the best care possible.

### **Our Values**

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Our core values that define who we are and guide us in every way in which we serve our patients:

Respect

Compassion

Hospitality

Excellence

### **Our Vision**

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We are led and inspired by our vision to be the preferred partner in women's health.

### **Our Mission**

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We believe that it is our mission to provide comprehensive and integrated care that treats a woman as a whole person, not just a disease or condition, and help her regain quality of life with the best care possible.

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# Our Services

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From its initial focus on gynaecological oncology, the WOMEN Centre has grown to specialise in women's health with medical specialists and allied health professionals providing treatment and support for:

- Pregnancy and post-natal care
- Pap smear concerns
- Prolapse, incontinence and discharge
- Heavy periods, fibroids and ovarian cysts
- Endometriosis
- Chronic pelvic pain
- Complex medical conditions requiring contraception
- Issues arising from surgical and natural menopause
- Cancers of the reproductive system
- Management of cancers with cancer medicine / therapy
- Risk reduction surgery for cancer
- Minimally invasive gynaecological surgery via laparoscopic or robot-assisted approach
- Genetic counselling and testing
- Sexual intimacy enhancement
- Psychology
- Physiotherapy
- Exercise physiology

**More information about our services is available on our website:**  
**[www.womencentre.com.au](http://www.womencentre.com.au)**

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# Our Commitment

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Our team of medical specialists and allied health professionals will care for our patients, and she can draw on as many, or as few, of our services as needed.

Each recommended treatment is tailored to suit her, and her referring medical practitioners or specialists will be duly kept informed and involved in her follow-up care.

Our experience has taught us that the benefits of integrated care extend to every stage of a woman's life.

For cancer patients especially, this holistic Survivorship model is considered best practice and has been shown to improve quality of life.



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# Our Research

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We believe in and advocate medical research that leads to improvement in treatment, health outcome and quality of life for patients.

Our medical specialists and allied health professionals are actively involved in research and have published peer-reviewed research papers and presented at regional and national conferences.

**More information about our research is available on our website:  
[www.womencentre.com.au](http://www.womencentre.com.au)**





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# Our Space

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Designed by award-winning multidisciplinary designers, the WOMEN Centre is a space where your comfort and wellbeing are the priority.

To enhance positive patient experience, our administration team provides a high standard of service - anticipating needs and seamlessly coordinating appointments.





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# Our Partner

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**St John of God Subiaco Hospital is a world-class private hospital with a special focus on providing a warm and welcoming environment to all.**

For more than 120 years the hospital has been a leading private facility in Perth, Western Australia, with a strong tradition of providing exceptional healthcare.

With 578 beds and 880 highly qualified medical practitioners, the hospital provides a range of medical specialty areas, including acute pain, aged care, cancer care, colorectal, day surgery, elective surgery, intensive and coronary care, maternity, medical, surgical neonatal intensive care, paediatrics and palliative care.

Highly regarded for its holistic approach to cancer treatment, the hospital's Bendat Family Comprehensive Cancer Centre includes a dedicated oncology ward, day chemotherapy suite, pathology services, endoscopy unit, consulting suites, research facilities and complementary therapies.

The hospital utilises the latest technology, including operating room robots, to provide patients with shorter stays, less post-operative pain and a quicker return to normal activities, especially for gynaecology, surgical oncology, orthopaedics and urology.

Located in picturesque Subiaco, only within a short walking distance from the WOMEN Centre and a short distance from the Perth central business district, the hospital includes cafes and retail outlets. It is also located within walking distance of shops, cafes, parks, entertainment and public transport.

**More information about SJG Subiaco Hospital is available from [www.sjog.org.au/subiaco](http://www.sjog.org.au/subiaco)**



# Robot-assisted Surgery

In Western Australia, robot-assisted surgery for gynaecology and gynaecological oncology was pioneered by Dr Jason Tan using the da Vinci® Surgical System.

The da Vinci® Surgical System is powered by state-of-the-art robotic technology. It allows the surgeon's hand movements to be scaled, filtered and translated into precise movements of micro-instruments within the operative site.

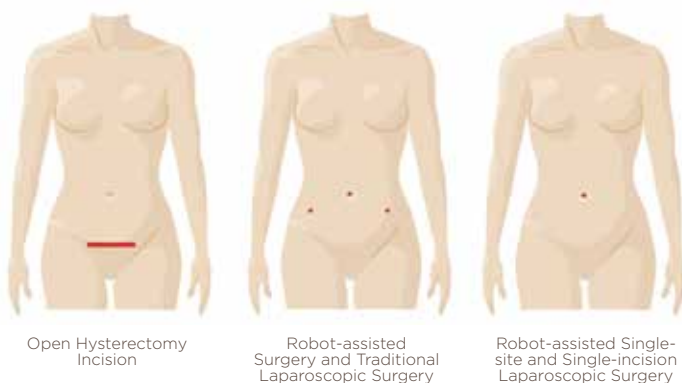
The da Vinci® Surgical System enhances surgical capabilities by enabling the performance of complex operations through tiny surgical openings.

The single-site robot-assisted surgery is first made available in Western Australia through collaboration between the WOMEN Centre and the St John of God Subiaco Hospital.

The single-site robot-assisted surgery is an almost scar-less procedure where the surgery is performed through a small cut in the patient's belly button.

This results in an almost scar-less surgical site similar to the minimally invasive, single incision laparoscopic surgery.

A hysterectomy's surgical cut for the different types of surgery:



The single-site robot-assisted surgery is available for gallbladder removal, and benign (non cancer) hysterectomy and ovary removal. Early clinical data shows that a single-site robot-assisted

hysterectomy performed with the da Vinci® Surgical System has these potential benefits:

- Low blood loss<sup>1,2,3,4</sup>
- Low rate of complications<sup>1,2</sup>
- Low chance of a blood transfusion<sup>2</sup>
- Low chance of surgeon switching to open surgery<sup>2,3,4</sup>
- Short hospital stay<sup>2,3</sup>
- Low level of post-operative pain<sup>4</sup>

Minimally invasive robot-assisted surgery with the da Vinci® Surgical System has been performed on more than three million patients worldwide.

Risks of Robot-assisted Hysterectomy: No surgery is without risks. Your surgeon will consider your individual condition when explaining risks and recommending suitable treatment options. More information about safety is available at [www.daVinciSurgery.com](http://www.daVinciSurgery.com).



- <sup>1</sup> Cela V, Freschi L, Simi G, Ruggiero M, Tana R, Pluchino N. "Robotic single-site hysterectomy: feasibility, learning curve and surgical outcome." *Surg Endosc.* 2013 Jul;27(7):2638-43. doi: 10.1007/s00464-012-2780-8. Epub 2013 Feb 8.
- <sup>2</sup> Akdemir A, Zeybek B, Ozgurel B, Oztekin MK, Sendag F. "Learning curve analysis of intracorporeal cuff suturing during robotic single-site total hysterectomy." *J Minim Invasive Gynecol.* 2015 Mar-Apr;22(3):384-9. doi: 10.1016/j.jmig.2014.06.006. Epub 2014 Jun 19.
- <sup>3</sup> Scheib SA, Fader AN. "Gynecologic robotic laparoendoscopic single-site surgery: prospective analysis of feasibility, safety, and technique." *Am J Obstet Gynecol.* 2015 Feb;212(2):179.e1-8. doi: 10.1016/j.ajog.2014.07.057. Epub 2014 Aug 1.
- <sup>4</sup> Bogliolo S, Mereu L, Cassani C, Gardella B, Zanellini F, Dominoni M, Babilonti L, Delpezzo C, Tateo S, Spinillo A. "Robotic single-site hysterectomy: two institutions' preliminary experience." *Int J Med Robot.* 2014 Sep 18. doi: 10.1002/rcs.1613. [Epub ahead of print]

**IMPORTANT:** This information is not intended to be a substitute for professional medical advice, diagnosis or treatment in any manner. Always seek the advice of your doctor or other qualified health provider with any questions you may have concerning your health or anything related to it.





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# Whatever it takes, we're here for you.

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Pregnancy prepares you for parenthood by being a complete leap into the unknown. You never know how long the journey will take, whose help you might need along the way, or how you will feel when baby arrives.

**Mothers-to-be can have peace of mind as our team is highly trained, with the understanding and care required to deal with normal and complicated pregnancies; you will receive the highest quality of care.**

Whether it is strengthening your pelvic floor and core muscles with our physiotherapist or, if needed, sitting down with our sexologist and counsellor to talk through sexuality and intimacy concerns, we are here for you.

If all you want is some advice, our midwife will be on hand. For any emotional and psychological support, you will be able to work together with our psychologist.

We will help you regain and improve your fitness post pregnancy through tailor-made fitness-training programmes that our exercise physiologist will put together for you.

You might not need all of our services but isn't it comforting to know that if you do, they are here.

**Our comprehensive and integrated approach makes a journey that can come with some very big bumps, as smooth as possible.**

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# Isn't it time we saw the whole woman?

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## **Your body, heart and mind are interconnected.**

We believe it is time women's health services were too.

To ensure your total wellbeing, the WOMEN Centre's team of medical specialists and allied health professionals actively collaborate to provide seamless care.

You are treated as a whole person, not just a disease or a condition. The difference this can make to your quality of life is profound.

## **It is important to us that you regain your quality of life; you are not just living, but living well.**

Whether you are planning a pregnancy, dealing with menopause, or having health concerns, our team is here for you.

Of course, you might not need all our services. That's fine. However, isn't it reassuring to know that if you need more support, the team is ready?

It is our privilege to be able to care for you through all stages of your life. **Whatever you come to see us for, our comprehensive and integrated approach ensures you will always receive the best care possible.**





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